

# **CATRIONA HARGREAVES CHARITABLE TRUST**

## **REGISTERED CHARITY 1064838**

### **A note from the Trustees:**

*Dear Supporters,*

*Despite the devastating impact of the global pandemic felt near and far, our donors have continued to be enormously generous and supportive of the work of Catriona Hargreaves Charitable Trust. Thank you! It means a huge amount to the Charity, but even more to the various grass roots projects who, with your support, have tackled poverty and improved access to health services.*

*During the pandemic, the Board of Trustees have continued to oversee and sustain the work of the Charity with socially distanced and fully remote meetings (with some of us acquiring new technological skills in the process).*

*Some of the many projects we've supported across the globe are illustrated below. We hope you enjoy reading about the impact of your generosity. With your support, the Trust will continue to facilitate such inspiring and uplifting opportunities.*

*Wishing all of our supporters' good health, wherever you are in the world, and thank you again for your vital contributions.*



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### **W.A.M.B.A. Community Trust, KENYA**

In June 2019, CHCT provided £1000 for physiotherapy equipment, given to a school that supports 40 children with learning and physical disabilities in Samburu. The children board at this new charity school which provides physiotherapy. Previously, young people were receiving their treatment on beds and chairs.

UK based Clare Muir, Chair of Trustees for WAMBA, usually visits their projects. She was unable to reach the school on her 2020 visit as the road was impassable due to very heavy rains. She has however sent us a photo of the equipment in use at the school.



### **BOMBAY LEPROSY PROJECT**

Bombay Leprosy Project is a well-known, long-term and trusted friend of CHCT. We agreed to fund £5,000 in 2019 and again in 2020, to benefit leprosy patients in Mumbai.



The funds provide a year each of medical visits to include assessments, investigations, clinical care and follow-up.



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### SAIN TUS, MONGOLIA

In June 2019, we provided £2000 to Sain Tus. After many months of hard work, this development sent us comprehensive records of their successful greenhouse project, including photos, receipts, contracts, harvest records and an activity report. The project goal was to improve the income of 40 low-income and female-headed families, living in the Jargalant slums.



The funding provided them with the equipment, materials, training and support to increase their income by 25% through growing and cooking greenhouse crops. The project exceeded their targets and re-invested the profits into the business.

In September 2019, the **LEPROSY MISSION OF NIGERIA** was granted £1850 from CHCT to support 30 indigent leprosy patients. This enabled hospital treatment, nutritious food,



essential medication and ulcer care materials. Part of the aim was to reduce the effectiveness and healing time of leprosy ulcers, as well as to reduce disability caused by ulcers.





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In August 2019, CHCT funded **KASSANDA CHILDRENS AID, UGANDA** £2000.00 to establish 'kitchen gardens.'



They also trained and equipped 120 caregivers to grow nutritional support for orphans affected by HIV/AIDs. These were grown in small spaces including tins, sacks and old car tyres.

The region has a climate conducive to vegetable production, a steady water supply and the commitment of caregivers labour.

Maximising the 'Big Give' match funding initiative, CHCT's £1000 was worth £2000 to the **Mustard Seed project** (Kenya) in 2019, and in total they raised £19,333.

With this funding, this UK based charity completed 6 new classroom developments on the upper storey of their school in Mombasa.





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CHCT granted £1860 to the **Foundation for Development and Relief Africa (FIDRA, Uganda)** for Community TB awareness, and a Test and Treat Project, commencing September 2019. They reported engagement with over 400 villagers from the rural community of Oyam in the first 4 months.

280 people were tested for TB and 25 confirmed patients were enrolled for treatment.

Despite the challenges presented by rain in November and December 2019, the service exceeded its expectations with an overwhelming number of villagers engaging in TB awareness.



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Using the **Isabella Livingstone Legacy**, and in partnership with **Hands Around the World**, CHCT were proudly able to sponsor some young adults, living in poverty, to undergo professional nursing training in Zambia, Uganda and Kenya.

We invested £11,731.44 in 2019 and £16,779 in 2020 for 14 students, ranging from 1 year nursing assistant training to 4 year degree training.

In some cases, we funded support costs such as books and equipment to enable the students to undertake their studies.

All students have faced significant disadvantage, bereavement and poverty. Many of them have written to us to tell us about their circumstances and to express their extreme gratitude to CHCT and our donors who have enabled these opportunities for them.

The Covid pandemic has necessitated the closure of the educational institutions for these students, resulting in them having had to study from home (with very limited support) or postpone their courses.







We're delighted with the courage and determination these young adults have applied, and are proud of their progress. The legacy of nurse Isabella Livingstone is well served by these inspiring students.

### **S.A.L.V.E. – SEXUAL HEALTH.**

We funded this group £2,500.00 in January 2020 to deliver a menstrual hygiene and education scheme for girls living in poverty in Uganda.



Girls were taught and provided with the materials to make reusable sanitary pads.

We previously funded this group on a different scheme which they completed to our satisfaction.



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### **JAN 2020 SAHARA ADVOCATES OF CHANGE, Ghana.**

This group sent us a video of the first hepatitis B vaccination of 150 children that we funded, in the rural Dodoma and Wechiau Bau communities of Ghana. This region has the highest prevalence (21%) of hepatitis in Ghana.



A comprehensive report with photos of the project being implemented showed our £1800 contribution realising the testing and immunisation of those who test negative. It was reported that a referral onwards for hospital treatment was made for those who test positive.

The fear of Covid-19 impacted on some children in the 3<sup>rd</sup> cohort not returning for their second shot, but the first two cohorts were successfully vaccinated.





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### **JAN 2020 #190414 COMMUNITY SUPPORT SANITARY PAD DISTRIBUTION, Malawi. £1910.00**

This NGO delivers sexual health education and outreach intervention to over 1500 girls in Mzgora schools and about 500 out of school young women. The project we contributed to provided sexual reproductive health and reusable sanitary pads to over 500 girls. The aim is to reduce the girls missing typically 4 days of school per month, and to educate the girls in reproductive hygiene and health.

### **MARCH 2020**

#### **#191101 CONCORD TRUST.**

**£2000.00**

Our contribution funded BORE WELLS to provide potable water for 320 poor people in a drought prone district of Tamil Nadu, India. The purpose was to enable access to clean water and to prevent the exploitation and poor health of this marginalised community. We have twice previously funded this organisation and were satisfied with their outcomes.

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**£34,651.44**

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