

CHCT Newsletter

FOR SUPPORTERS OF THE CATRIONA HARGREAVES CHARITABLE TRUST

Issue number twenty-one

spring 2011

MA-IN-LAW SAVED

MY LIFE Island's war on TB

FORGET the music-hall jokes. Young bride Theresa is alive thanks to CHCT—and the courage of her mother-in-law.

Theresa's home on the Indian Ocean island of Timor Leste is so remote that no-one in the village realised she was dying of TB.

She only pulled through because her mum-in-law, who had learned about the disease from our sister charity Target TB, struggled over 50 miles on atrocious roads to fetch her for treatment.

When a local bus could get no further, the determined lady covered the last 13 miles on foot. Then, with Theresa seriously ill and reduced to less than five stone, it was 13 weary miles back to the bus.

Now at a clinic supported by a £2,250 donation from CHCT she is recovering and will soon see her baby daughter again. Timor Leste, which won its independence from Indonesia 12 years ago, remains



No laughing matter . . . Theresa with mother-in-law one of the world's poorest nations—and with one of the highest rates of TB due to the living conditions.

Most of the million-plus population scrape by on what they can grow and have to survive on around 35pence a day. Target TB is running a disease control program which, thanks to the help from CHCT supporters, is now proving its success and attracting more funding from outside sources.

This will train 147 volunteers and 48 community health workers to improve detection and diagnosis. Many villages are so isolated they speak their own language and rely on traditional healers with no medical qualifications.

Lynn Stevens of Target TB said: "We will now be able to help hundreds more people and extend the clinic, which is the only one in the country that can cope with drug-resistant strains of the disease."

A further £3,500 has also been sent to Target TB's Raphael Ryder-Leonard Cheshire project in eastern India where funds were previously provided for a mobile clinic.



Remote . . . Timorese villagers outside a local clinic

ARE YOU ON EMAIL?

Supporters receiving the newsletter by email can get full colour, sharper pictures—and save the charity on postage

ADOBE PDF READER REQUIRED. TO REGISTER JUST EMAIL THE EDITOR AT LONG.BARN2@BTINTERNET.COM



Water . . . too clean for the pigs

WELL DONE EVERYONE!

FOUR villages in Cambodia will have safe drinking water for the first time thanks to pump-operated wells provided by CHCT.

The problems faced by rural families in the country, which still suffers from the aftermath of the murderous Khmer Rouge regime, came to light during a holiday visit by supporters Kate

and Graham Tippen. Trustees approved a grant of £1,000.

Graham said: "Our guide, whose parents died in the massacres, told us of a local charity providing sponsored wells.

"The pumps are located outside a trusted household who make sure fresh water doesn't get wasted scrubbing the pigs!"

Digging for victory

ORPHANS at Machakos in Kenya won't be going hungry any more thanks to a self-help food growing project.

The initiative, near the capital Nairobi, was picked up by a Roman Catholic church group in Goudhurst and has been backed by a £2,000 grant from CHCT.

Medical student Miranda Oliphant-Robertson, who visited Kenya last autumn, explained: "Machakos is not an orphanage in the European sense of an institutional building.

"The children, who mostly lost their parents through HIV, are taken in by guardians or members of their extended family living nearby."

They come to the farm compound where the local priest Father Thomas lives for regular meals and school lessons. As well as planting



Ready steady grow . . . carers at Machakos share out seeds and fertilizer

crops, the carers have been given chickens to produce eggs which can be sold for a small income.

With donations such as CHCT's Father Thomas hopes to rent more farmland and invest in a borehole



for irrigation to increase crops. Miranda added: "The women in Kenya are amazing, they work so hard to keep life going.

"If I make it as a doctor I'd like to work there."

BLP THE BEST OF BOSSES

THE Bombay Leprosy Project, supported by CHCT through Elke Day's bric-a-brac sales, has won a prestigious award as best employer of disabled staff. The organisation takes on not only leprosy patients but many with other phys-



ical handicaps. Founder Dr R Ganapati (pictured) said: "We find they are far more diligent, honest and committed than the able-bodied". In the past year CHCT has paid a quarter of BLP's entire income—£2,500 plus £400 in private donations for child welfare.

Murumbinda

OUR sister charity TB Alert sadly reports the death of Dr Monica Glenshaw, who ran Zimbabwe's Murumbinda Hospital with vision, commitment and energy.

In 2007 CHCT gave the hospital £2,500 to fund extra nutrition for boosting the recovery of TB and HIV patients.

IT'S TAKING SHAPE

Full ahead for Helen's clinic

NO longer just an architect's pretty drawing . . . the latest development of the Helen's House clinic in Ghana is becoming solid reality.

And fittingly, completion of the walls marked the tenth anniversary of young supporter Helen Trott's death from cancer which first inspired the project in her memory.

Another £5,000 is on its way, raised by CHCT with support from Helen's family and friends in Sheffield and Birmingham.

This follows £11,000 already donated to the new building at Nsawam, an area with a high incidence of crippling buruli ulcer.

It has been relocated eight miles from the original Helen's House at Amasaman to make it more accessible to patients. As well as wound dressing for buruli ulcer the clinic will cope with general injuries among the 40,000 population.



Bigger and better . . . Nsawam will have room for many more patients

Keeping trust in the family

CHCT funds have received a major boost thanks to the extended family of Catriona Hargreaves, after whom the charity is named.

Relatives managing the Elphick Trust, a charity which has been dissolved, selected CHCT to receive its closing balance.

For once the familiar CHCT sausage stall was missing from Yalding Christmas fair—but considering the atrocious weather it was a good year to miss.

Despite the conditions Elke Day and helpers raised £280 from the sale of waffles.



OUR FRIEND JIM

is a trustee and all three of their sons have done their bit fund-raising. Founder Cynthia Stanford writes:

Jim was one of our first supporters, together with Chris, and from the beginning gave CHCT his unswerving loyalty.

Its aims were close to his heart and he was gifted with a practical approach which made him indispensable.

He was fundamental to the functioning of the Friends of the Charity and could do anything of a practical nature, generally having all of the

equipment involved or knowing how to find or make it. He also provided the technical expertise needed for the charity's fund-raising, everything from opera or antiques evenings to pig-roasts in the Allens' garden.

Jim was a true gentleman whose sterling qualities were recognised and appreciated by all. He was always good-hearted, always kind, always relaxed and always made time, even though ever-busy. The charity will always be glad of the time that he was with us and we will miss him very much.

THE charity received a sad blow last summer when long-time supporter Jim Allen suffered a fatal heart attack.

Jim, 67, helped out in every possible way from creating CHCT's website to putting up the sausage stall. His wife Chris

Memories that come out of Africa

THE CATRIONA HARGREAVES CHARITABLE TRUST *Registered number 1064838*

If you wish to help the charity's work for remote and forgotten people in places where disease and poverty meet please send a cheque, payable to CHCT, to: Mill House, Claygate, Kent TN12 9PE
Taxpayers can help us reclaim extra cash from the Treasury if they kindly fill in and enclose this form.

I am a UK taxpayer and want the Catriona Hargreaves Charitable Trust to reclaim tax on all my donations.

Signed.....

Date.....

Name.....

Address.....
.....
.....

Postcode.....

STANDING ORDER FORM

To the Manager (Name of Bank).....

Branch Address.....

.....Postcode.....

Please pay Catriona Hargeaves Charitable Trust (CHCT)

£.....(amount in words).....

every month/ quarter/year (delete as applicable)

starting on (date).....until further notice

Name.....

Address.....
.....

Postcode.....

A/c no..... Sort code.....

FOR BANK USE

TO: National Westminster Bank PLC, P.O. Box 4,
3 High Street, Maidstone, Kent ME14 1YU

Monies from this standing order should be credited to:

The Catriona Hargeaves Charitable Trust (CHCT)

A/c no 46572406 Sort Code 60-60-08



WHAT we are hearing about the Machakos farm project in Kenya (story, page two) brings back a lot of memories from our medical travels in neighbouring Uganda during the time of Idi Amin in the 1970s.

Many children were suffering from protein deficiency as a direct result of the men in villages taking control of the "shambas" where women had traditionally grown crops to feed their families.

The land then fell under the control of multinationals to grow such things as coffee and cotton, which do not feed children. Naturally very little of the money made out of the cash crops returned to the families that had owned the land.

Seeing the pictures from Machakos, I immediately thought of those children years ago with their lives blighted by kwarshiakor.

A farm where they can learn to grow their own food and perhaps sell or barter any excess makes them at least partly self-supporting.

It is a worthy objective for our grass-roots charity which has always sought to help where disease and poverty meet.

Cynthia Stanford

BRIC-A-BRAC

Good quality curios and household items on sale with all proceeds going to local charities

Come in and have a browse or bring along those unwanted gifts

(no used clothing please.)

OPEN 10am to 1pm ON FARMERS' MARKET DAY (THIRD SATURDAY EACH MONTH)

AT THE COACH HOUSE BARN IN
YALDING HIGH STREET